



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card



I have **Celiac Disease**
I have **severe** reactions to foods
which contain any amount of:
Wheat, Rye, Barley, and Oats

These may be contained in:
Hydrolyzed Plant or Vegetable Protein, Malt,
Unspecified Modified Food Starch
Soy Sauce, Thickeners, Dressings, Marinades and
many other hidden sources. Please read labels.

Please read other side of card

